Change your Zoom background on the desktop app

1. In the Zoom app, click your profile in the top right corner, and click **Settings**.

2. On the menu to the left, click Virtual Background.

3. You'll see a few default background options provided by Zoom, including an outer space scene or blades of grass. You can choose one of those by clicking on it, and it will automatically change your screen as well. There's also an option for if you have a green screen and want to use that.

4. If you want to upload a photo to use as your background, on the same Virtual Background Page, click the + icon next to where it says Choose Virtual Background. A box will pop up allowing you to upload a photo from your computer. Click on the one you want, and it will appear alongside the other pictures as an option for you to choose from.

5. To get rid of any photos you upload, tap the **X** in their top left corner.

Please save the three color pictures to your computer and add them to your virtual background page.

How to change your Zoom background during the meeting

1. Click the little arrow next to the video icon,



2. Click the "choose virtual background" from the pop-up list



3. You can change the virtual background from those options in your gallery.

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4. As a timer in the meeting, you need to have a stopwatch (i.e. phone app) to monitor and time and change your virtual background manually when time goes by.